

Leadership Maine

Session 1: Opening Retreat

Wednesday, September 7 - Friday, September 9, 2011

Facilitated by Outward Bound Professionals

Camp Wavus, Jefferson, Maine

Learning Goals

You should leave the 3-day opening retreat with:

- A better understanding of your strengths and opportunities for growth and specific steps you can take to refine your leadership practices.
- A better appreciation and understanding of the different leadership/social styles within your class and the situations in which the different styles are most/least effective
- Increased awareness of the process involved in working as a team
- A better understanding of the 5 key practices of excellent leaders
- Preliminary development of your own personal vision for making a difference in Maine.

Day One: Wednesday, September 7, 2011

7:30	<i>Registration and Bingo</i>
8:00	Welcome
8:15	MDF Overview – “Making Maine Work”
9:45	OB Welcome, Learning Partners
10:00	Move to Cabins, interviews
10:20	Team Building and Leadership
11:35	Intros, OB Culture, readings
12:00	<i>Lunch</i>
12:40	Intros
12:55	LPI practices related to real leaders we know
1:30	Team Initiatives
4:00	<i>Break</i>
4:20	Report outs, intros
4:50	LPI Results and interpretation
5:10	Free Time
6:00	<i>Dinner</i>
6:45	Intros, Leadership Styles – appreciating differences
8:45	<i>Adjourn</i>

“We are prone to judge success by the index of our salaries or the size of our automobiles rather than by the quality of our service and relationship to mankind.”
~Martin Luther King, Jr.

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Day Two: Thursday, September 8, 2011

- 6:00 Morning Options – Swimming, Running/Walking, Kayaking, Yoga
- 7:00 *Breakfast, Morning Meeting, Intros*
- 8:25 Paired Discussion LPI
- 8:55 Building your vision
- 10:55 *Break*
- 11:15 Intros, Overview of Project Teams/Process
- 11:45 Develop Team Charters
- 12:15 Lunch, Intros
- 1:20 Orienteering
- 4:15 Debrief
- 4:35 *Break*
- 4:55 Report out to large group, intros
- 5:45 Project Team Info
- 6:00 *Dinner*
- 7:15 Work in Project Teams
- 9:00 *Adjourn*

“The real voyage of discovery consists not in seeking new landscapes, but in having new eyes.”

~Marcel Proust

Day Three: Friday, September 9, 2011

- 6:00 a.m. Morning Activities (optional)
- 7:00 *Breakfast, Intros, Morning Meeting*
- 8:00 Stand and Deliver Visions
- 8:45 Sign-up for Personal challenge
- 9:05 Individual Challenge time (*lunch on site*)
- 11:45 Debrief individual challenge experience
- 12:00 *Lunch*
- 12:20 Solo, Letter to self
- 1:00 Evaluations
- 1:15 Reflection with learning partner
- 1:45 Report out experience
- 2:30 Closing Circle
- 2:50 *Departure*

“Some people will never learn anything... because they understand everything too soon.”

~Alexander Pope