

# RESOURCE GUIDE



LEADERSHIP MAINE & THE  
INSTITUTE FOR CIVIC LEADERSHIP:  
HELP SHAPE MAINE'S FUTURE.



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LEADERSHIP  
MAINE



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INSTITUTE FOR  
CIVIC LEADERSHIP

CONNECTING PEOPLE & STRATEGIES TO DRIVE MAINE'S ECONOMY.

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# INTRODUCTION

Welcome to the Maine Development Foundation's Leadership Alumni Project of Passion Resource Guide!

Within this Guide, you will find an abundance of information on opportunities for alumni of our ICL and Leadership Maine programs to engage with the wide range of programs, social services, nonprofits, and businesses who are helping drive economic improvement and enriching lives in Maine. These opportunities were identified by alumni of both programs, and they align with ICL, Leadership Maine, and MDF core objectives. The content is far from comprehensive, and you are essentially viewing Version 1.0. MDF will update this printable version annually and plans to develop a web-based hub where alumni can continually update and add opportunities.

## WHAT THE RESOURCE GUIDE IS:

There are more than 1,800 alumni from the ICL and LM programs. Over the years, many alumni have been discussing the possibility of a directory of mentoring and volunteer opportunities in Maine to continue the work they began in their programs. No such directory existed until now. We hope the information in the following pages provides you with valuable insights. Many of the ICL and LM alumni have contributed content to this Resource Guide, and we are sure that many more will in the future.

This Guide is organized in chapters as follows:

- Grow local talent and attract new talent
- Business innovation and economic development
- Promote Maine's cities as hubs of excellence
- Community development
- Health and well-being
- Environmental management and stewardship
- Educational preparedness, continuing education, and professional development

## WHAT THE RESOURCE GUIDE IS NOT:

The Resource Guide is not a comprehensive listing of all volunteer opportunities in Maine. When this initial version of the Guide was assembled, the alumni involved in its creation made their best efforts to evaluate what types of opportunities may be related to goals and ambitions beyond those aligning with the ICL and LM programs. While such opportunities are certainly critical components of our social fabric and valuable in their domains, generally the following focus areas are not included in the Guide:

- Political advocacy
- Employment-based educational or consulting work (non-volunteer)
- Arts and entertainment
- Healthcare businesses or provider organizations
- Donation-based participation opportunities

With future versions of the Guide, should the consensus of the alumni body provide inspiration, it is certainly possible that these and other types of opportunities could be included, and they are not listed above with the intent of identifying them as permanent exclusions.



# GROW LOCAL TALENT & ATTRACT NEW TALENT





**Organization Name:** Maine Women's Fund

**Organization Type:** Maine Women's Fund aims to address disproportional effects of social adversities on women. In the last 30 years the Maine Women's Fund has granted over 450 awards totaling more than \$2.4 million to 200 organizations investing in the power of women and girls across the state.

**Opportunity Type:** The Maine Women's Fund has several standing committees and continually seeks new members to join. Committees are composed of Board members and volunteers who have expertise and interest in the areas the committees are assigned.

**Website:**

[www.mainewomensfund.org/](http://www.mainewomensfund.org/)

**Contact Information:**

Call or email

Kimberly Crichton,

Executive Director

207.774.5513

[kimberly@mainewomensfund.org](mailto:kimberly@mainewomensfund.org)



**Organization Name:** Thrive2027

**Organization Type:** Thrive2027 is committed to achieving three 10-year goals that drive measurable and meaningful change throughout Cumberland County, focused on the areas of improving education, financial stability, and health for residents.

**Opportunity Type:** Raise public awareness by talking to Cumberland County neighbors and friends or distributing Thrive2027 information to employers or civic groups. Help organizations make an impact by establishing a program where employees become mentors, tutors, or academic coaches.

**Website:**

[www.thrive2027.org](http://www.thrive2027.org)

**Contact Information:**

[info@thrive2027.org](mailto:info@thrive2027.org)



**Organization Name:** Prosperity Maine

**Organization Type:** Prosperity Maine is a nonprofit that was founded in 2008 and is an organization focused on working with recent immigrants to help them build financial stability. They offer programs in financial education, career and business development, housing assistance, and college scholarships. The organization receives financial support through corporate partnership and sponsorships, private donations, and grants.

**Opportunity Type:** Prosperity Maine has volunteer opportunities in the areas of housing coaches and scholarship mentors.

**Website:** [www.prosperityme.org/volunteer](http://www.prosperityme.org/volunteer)

**Contact Information:** ProsperityME, 62 Elm Street Suite 2 Portland, ME 04101, 207-797-7890



**Organization Name:** Goodwill of Northern New England

**Organization Type:** Goodwill of Northern New England operates retail stores, health care, and cleaning services. Their mission is to enable persons with diverse challenges to achieve personal stability and community engagement.

**Opportunity Type:** Volunteer opportunities exist in Clinical, Community Support, Residential and Job Connection Services as well as Administrative Operations

**Website:** <https://goodwillnne.org/volunteer/>

**Contact Information:** Barbara Sawyer, Manager of the Volunteer Program - contact form on the bottom of the volunteer website.



# In Her Presence



**Organization Name:** In Her Presence

**Organization Description:** In Her Presence provides training and education to ensure Maine's economic agenda includes aspirations and needs of Maine's immigrant women.

**Opportunity Type:** Volunteering in projects and workshops ranging from education, health, leadership, and entrepreneurship

**Website:** [inherpresence.org](http://inherpresence.org)

**Contact Information:**

Call or email

Phone: (207) 347 9891

[contact@inherpresence.org](mailto:contact@inherpresence.org)

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**Organization Name:** Waban

**Organization Description:** Originally founded as a summer camp in Sanford during the 1980s, Waban has expanded into an organization offering an array of programs providing services and support to over 4,000 children and adults annually.

**Opportunity Type:** Programs include case management for parents of children with developmental or other disabilities, and preschool programs for children.

**Website:** [waban.org](http://waban.org)

**Contact Information:** Volunteer coordinators can be reached at 207-324-7955 or at [connect@waban.org](mailto:connect@waban.org). Volunteering involves a brief application process as well as an orientation program.

**WABAN**

**Organization Name:** Maine HR Convention

**Organization Description:** The Annual Maine HR Convention consistently offers the best keynoters from around the country, creates imaginative, participatory workshops, awards a boatload of re-certification credits, and generates an atmosphere where HR careers and Maine workplaces thrive.

**Opportunity Type:** Event Planning, volunteer, work at annual event in May, Exhibitor

**Website:**

[strategichrus.com/conference/maine-hr-convention](http://strategichrus.com/conference/maine-hr-convention)

**Contact Information:** Colby Gray, Relationship & Business Development Specialist, 4 Moulton Street, 2nd Floor, P.O. Box 7727, Portland, ME 04114, 207-761-8350



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# Portland Press Herald

**Organization Name:** Portland Press Herald

**Organization Description:** The Portland Press Herald is a news organization and website that serves southern Maine and is focused on the greater metropolitan area around Portland, Maine, in the United States.

**Opportunity Type:** Skilled persons can talk at events such as business breakfast forums, Maine Voices Live, and Like A Boss.

**Website:** [pressherald.com/about/](http://pressherald.com/about/)

**Contact Information:** (207) 791-6650





## Immigrant Welcome Center

GREATER PORTLAND

**Organization Name:** Immigrant Welcome Center of Greater Portland

**Opportunity Description:** The Greater Portland Immigrant Welcome Center serves as a hub of collaboration that strengthens the immigrant community through language acquisition, economic integration and civic engagement.

**Opportunity Type:** Volunteering with fundraising, events, grant writing, ESL instruction, & Interpretation with projects such as Immigrant Business Hub, iEnglish Project, and Citizenship & Civic Engagement

**Website:** [welcomeimmigrant.org/](http://welcomeimmigrant.org/)

**Contact Information:** (207) 517-3401, [info@welcomeimmigrant.org](mailto:info@welcomeimmigrant.org)



PROPELLING THE CREATIVE COMMUNITY

**Organization Name:** Engine

**Organization Description:** Engine is a nonprofit that was founded in 2010 on the belief that artistic expression and creative vibrancy are the gateways to cultural, social, and economic revitalization.

**Opportunity Type:** Engine seeks volunteers for large and small events, gallery sitting (especially Saturdays), promotion/fundraising projects, and exhibition maintenance.

**Website:** [feedtheengine.org](http://feedtheengine.org)

**Contact Information:** 207.494.7125, [director@feedtheengine.org](mailto:director@feedtheengine.org)

**Organization Name:** Hospitality Maine

**Organization Description:** A non-profit trade group representing the hospitality industry, with a focus on securing a capable, reliable workforce for its members.

**Opportunity Type:** Hospitality Maine runs an Apprenticeship Program for culinary and hospitality professionals. Mentoring may be possible through an application process.

**Website:** [hospitalitymaine.com](http://hospitalitymaine.com)

**Contact Information:** Gwen Perry, Director of Education and Workforce Development, Terry Hayes, Director of Workforce Development, Hospitality Maine, 45 Melville Street, Augusta, ME 04330  
207-623-2178



**Organization Name:** Welcoming the Stranger

**Organization Description:** Welcoming the Stranger is a grassroots initiative created in response to the rising number of immigrant families seeking political asylum in our community. Welcoming the Stranger aims to create formal friendships through mentoring relationships between local families and asylum seekers.

**Opportunity Type:** Welcoming the Stranger actively seeks volunteers willing to enter into a mentoring "friendship" with a new Mainer or new Mainer family. Mentoring approach largely depends on the families or individuals involved: a mentor could help an asylum seeker practice English, find and/or furnish an apartment, write a resume, get a winter coat, use the bus system, sign up for classes, or any number of other basic activities to help newcomers navigate their surroundings.

**Website:** [wtsmaine.com](http://wtsmaine.com)

**Contact Information:** [wtsmaine.com/contact](http://wtsmaine.com/contact)







**Organization Name:** SCORE Portland

**Organization Description:** SCORE was founded in 1964 and is the nation's largest volunteer business mentoring service. The Portland branch of SCORE works in partnership with the Maine Technology Institute to provide free small business mentoring and workshops.

**Opportunity Type:** Volunteer opportunities are available in business mentoring services (in person or online); providing subject matter expertise on professional skills or specific industries; presenting at workshops; or sharing skills in marketing, tech, finance, fundraising etc.

**Website:** portlandme.score.org

**Contact Information:** scoremaine@gmail.com,  
(207) 772-1147

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**Organization Name:** The Olympia Snow Women's Leadership Institute

**Organization Description:** The Institute began in 2015, and has delivered a unique program rooted in the themes: "My Values" (10th grade), "My Voice" (11th grade), and "My Vision" (12th grade). It currently serves 540 girls from 36 schools across all of Maine's sixteen counties.

**Opportunity Type:** The program has opportunities for professional women advisors/mentors to grow the confidence, aspirations, and leadership skills of high school girls in Maine for educational preparedness, continuing education, and professional development

**Website:** snoweleadershipinstitute.org/

**Contact Information:** Christina McAnuff,  
christina@snoweleadershipinstitute.org,  
One Canal Plaza,  
Suite 501  
Portland, ME  
04101  
(207) 775-6737



**OLYMPIA SNOWE**  
WOMEN'S LEADERSHIP INSTITUTE  
VALUES • VOICE • VISION

**Organization Name:** Boots2Roots

**Organization Description:** Boots2Roots is a nonprofit that helps former members of the military find meaningful employment in Maine.

**Opportunity Type:** Boots2Roots has opportunities for Peer Mentors, Resume Coaches, Interview Coaches, Career Coaches, and Program Volunteers

**Website:** boots2roots.org



**Contact Information:** 207-747-9225,  
boots2roots@boots2roots.org



# BUSINESS INNOVATION & ECONOMIC DEVELOPMENT





**Organization Name:**  
Maine State  
Chamber of Commerce



**Organization Description:**  
The Maine State Chamber of Commerce is a non-profit that began in 1889 and works to ensure a business climate in which businesses and other Chamber members can compete successfully in the local, national, and global marketplaces. The Chamber is the state's premier business advocacy organization, and works to advance a proactive agenda for economic growth and prosperity in Maine.

**Opportunity Type:** Skilled persons may have the opportunity to speak with Chamber members on business issues or support the organization with political advocacy.

**Website:** mainechamber.org

**Contact Information:** Ben Gilman, Maine Chamber of Commerce, 128 State Street, Suite 101, Augusta, ME 04330, 207-623-4568

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**Organization Name:** Startup Maine

**Organization Description:** Startup Maine is both an organization and a flagship conference held once per year that has evolved out of a group of doers, founders, and community members. Startup Maine welcomes both startups and creators, and provides an intimate setting with cutting-edge content, opportunities for applied learning, and the potential for plenty of collaborative collisions.

**Opportunity Type:** An ongoing volunteer process does not appear to exist, however, skilled persons may be able to assist with conference-based education or other organization initiatives.

**Website:** startupmaine.org

**Contact Information:**  
(207) 808-0737  
startupmaine@gmail.com  
info@startupmaine.org



**Organization Name:** Manufacturers Association of Maine

**Organization Description:** The Manufacturers Association of Maine will lead, represent and unify the manufacturing community in Maine and beyond. Our voice of manufacturing will connect various industry sectors that ultimately have the same beliefs, needs and issues. The Manufacturers Association of Maine's vision is to be the multi-industry connection for manufacturers in Maine. Our role as representatives of manufacturing industries will focus on policy, education, state and federal interests.

**Opportunity Type:** An ongoing volunteer process does not appear to exist, however, skilled persons may be able to assist the association with education and workforce training, legislative advocacy, and other initiatives.

**Website:** mainemfg.com

**Contact Information:**  
207-747-4406  
info@mainemfg.com  
33 McAlister Farm Road #102  
Portland, ME 04103



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**Organization Name:** Maine Association of Nonprofits

**Organization Description:** Founded in 1994, MANP's mission is to strengthen the leadership, voice and organizational effectiveness of Maine nonprofits. MANP has grown into the state's largest network of organizations dedicated to the common good.

**Opportunity Type:** MANP uses skilled volunteers who are able to provide trainings to nonprofits through MANP-based education programs, generally targeted towards business management. Volunteer intake is usually through a request-for-proposal issued by MANP.

**Website:** nonprofitmaine.org



**Contact Information:**  
(207) 871-1885  
manp@NonprofitMaine.org



**Organization Name:** Maine Manufacturing Extension Partnership

**Organization Description:** Maine Manufacturing Extension Partnership supports manufacturers in addressing workforce challenges, building leadership, preparing for transitions, optimizing productivity, to invest in company success, leading to the growth of small and mid-sized manufacturers.

**Opportunity Type:** An ongoing volunteer process does not appear to exist, however, skilled persons may be able to assist the Partnership with education, training, and other initiatives.

**Website:** [mainemep.org](http://mainemep.org)

**Contact Information:** Maine MEP, 87 Winthrop Street, Augusta, ME 04330, 207-623-0680, [contact@mainemep.org](mailto:contact@mainemep.org)



**Organization Name:** The Maine Center for Entrepreneurs

**Organization Description:** The Maine Center for Entrepreneurs focuses on helping entrepreneurs succeed with an array of programs, mentorship, training and other expertise.

**Opportunity Type:** Among the Maine Center for Entrepreneurs programs are: Top Gun, helping Maine entrepreneurs accelerate their business growth; Cultivator, provides business resources to food, beverage and agriculture companies; MarketShare Accel, helping food and beverage companies sell their products out of state. Volunteer opportunities available for qualified mentors via an application process.

**Website:** [mced.biz/mmn-mentors](http://mced.biz/mmn-mentors)

**Contact Information:**

Terry Johnson, Maine Mentor Network Manager  
[terry@practicaldecisions.com](mailto:terry@practicaldecisions.com)  
207-653-5150.



**MAINE CENTER  
FOR ENTREPRENEURS**

**Organization Name:** Pine Tree Legal Assistance

**Organization Description:** Pine Tree Legal Assistance is a nonprofit organization that has a mission to ensure that state and federal laws affecting poor people are upheld, while also addressing the systemic barriers to justice faced by Mainers with low incomes.

**Opportunity Type:** Volunteering opportunities for legal expertise, education, and information. Volunteering includes student internships, community members, and other professionals' expertise such as CPAs, psychiatrists, tax consultants, language interpreters, event planners, administrative, computer and web-design specialists to provide services to low-income Mainers, including the veterans community, homeowners seeking to avoid foreclosure, individuals facing debt, bankruptcy or tax burdens, and clients in need of support with disability claims.

**Website:** [ptla.org/](http://ptla.org/)

**Contact Information:**

207-774-4753

P.O. Box 547

Portland, ME 04112.

A volunteer form is on the website.





# PROMOTE MAINE'S CITIES AS HUBS OF EXCELLENCE





**Organization Name:** The Heart of Biddeford

**Organization Description:** The Heart of Biddeford, in partnership with the City of Biddeford, the business community, property owners, and residents, fosters economic development and improves the downtown and quality of life within its boundaries by supporting existing businesses, attracting new businesses, promoting the downtown through events and working to beautify the urban core.

**Opportunity Type:** Volunteers are accepted through an application process online. Opportunities exist in board or committee membership, and event support.

**Website:** [heartofbiddeford.org](http://heartofbiddeford.org)

**Contact Information:**  
[info@heartofbiddeford.org](mailto:info@heartofbiddeford.org)  
(207) 284-8520



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**Organization Name:** Lewiston Auburn Metropolitan Chamber of Commerce

**Organization Description:** The LA Metro Chamber has 1,000+ members from the two cities and neighboring towns and provides business networking opportunities, brand promotion, and programs in support of its members.

**Opportunity Type:** Volunteer opportunities exist in event support and planning, committees, and advocacy for education and workforce development.

**Website:** [lametrochamber.com](http://lametrochamber.com)

**Contact Information:** Katie Palmer, Member Relations Manager, 415 Lisbon Street, Suite 100, Lewiston, ME 04240, 207-783-2249



**Organization Name:** Kennebunk Parks and Recreation Department

**Organization Description:** Municipal government department with active community programs in Kennebunk.

**Opportunity Type:** The Kennebunk Parks and Recreation Department strives to create community through a variety of programs. The Department has six full-time employees and up to 100 part-time and seasonal employees as well as cooperative efforts with many volunteer groups, civic organizations and local businesses. Volunteering is generally encouraged, and specific programs may vary.

**Website:**  
[kennebunkmaine.us/261/Parks-Recreation](http://kennebunkmaine.us/261/Parks-Recreation)

**Contact Information:** Town of Kennebunk, 1 Summer Street, Kennebunk, ME 04043, Phone: (207) 985-2102

*Kennebunk*  
**Parks & Recreation Dept**

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**Organization Name:** Discover Downtown Westbrook

**Organization Description:** Discover Downtown Westbrook, a member of Main Street America. Main Street America is a network of 1,600+ communities that focus on preservation-based economic development. Discover Downtown Westbrook has three primary organizational components including a board of directors, teams working on downtown revitalization, and volunteers for events.

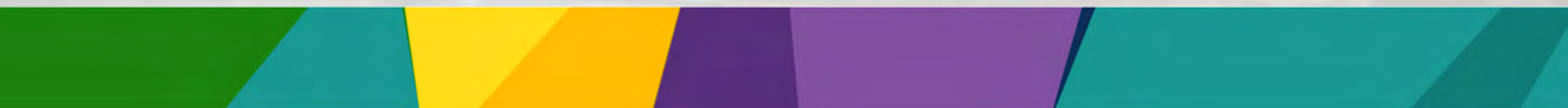
**Opportunity Type:** Volunteer opportunities exist in team-based work, events support, and more.  
**Website:** [downtownwestbrook.com/volunteer/](http://downtownwestbrook.com/volunteer/)

**Contact Information:**  
752 Main Street  
Westbrook ME 04092  
207-619-1732





# COMMUNITY DEVELOPMENT





**Organization Name:** Portland Parks Conservancy

**Organization Description:** The Portland Parks Conservancy was launched to support the numerous parks, trails, open spaces, programs, and recreational facilities of the City of Portland for public benefit, in order to enhance the quality of life, protect the environment, and promote the economic well-being of Portland.

**Opportunity Type:** Volunteer, engages the community, creates public/private partnerships in support of Portland's public parks and recreational programs.

**Website:** [portlandparksconservancy.org/support](http://portlandparksconservancy.org/support)

**Contact Info:**

Nan Cummings

Executive Director

[nan@portlandparksconservancy.org](mailto:nan@portlandparksconservancy.org)



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**Organization Name:** Cultivating Community

**Organization Description:** Cultivating Community's mission is to grow sustainable communities by expanding access to healthy, local food; empowering children, youth, and adults to play diverse roles in restoring the local, sustainable food systems; and modeling, teaching, and advocating for ecological food production.

**Opportunity Type:** Volunteering by increasing direct access to affordable, healthy, and culturally appropriate food for all people, with community gardens and urban agriculture, working with teen youth/elementary school gardens and nutrition, food access programs, and farming and farmer training. Involvement begins with a volunteer form on their website.

**Website:** [cultivatingcommunity.org](http://cultivatingcommunity.org)

**Contact Information:**

Kathleen McKersie

[kathleen@cultivatingcommunity.org](mailto:kathleen@cultivatingcommunity.org)

207-761-4769

PO Box 3792, 62 Elm St.  
Portland, ME



**Organization Name:**

League of Women Voters of Maine

**Organization Description:** The League of Women Voters of Maine is a nonpartisan political organization that encourages informed and active participation in government, works to increase understanding of major public policy issues, and influences public policy through education and advocacy.

**Opportunity Type:** The organization accepts many types of volunteers, including: Advocacy Volunteers, Public Education Volunteers, Voter Registration Volunteers, Census Volunteers

**Website:** [lwvme.org](http://lwvme.org)

**Contact Information:** [volunteer@lwvme.org](mailto:volunteer@lwvme.org)



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**Organization Name:** Maine Historical Society

**Organization Description:** The Maine Historical Society was founded in 1822 and is the third oldest state historical society in the US.

**Opportunity Type:** The Society has a variety of volunteer opportunities available year-round including visitor services, digital projects, collection initiatives, school groups, and working at fundraisers. All volunteer positions take place at MHS's campus in Portland and are primarily during regular business hours.

**Website:**

[mainehistory.org/about\\_opportunities.shtml](http://mainehistory.org/about_opportunities.shtml)



**Contact Information:**

Maine Historical Society

489 Congress Street

Portland, ME 04101

(207) 774-1822



# HEALTH & WELLBEING





**Organization Name:**

Portland Recovery Community Center

**Organization Description:** The PRCC's mission is to provide support education and resources for people recovering from and affected by addiction, and to spread the message of hope throughout the state of Maine.

**Opportunity Type:** Visitor desk volunteers, Special Services and Skill Volunteers, Cleaning and Grounds Volunteers, Administrative projects, Telephone Recovery Support, Recovery Coaches, start a new group, speak at events, help with fund-raising projects.

**Website:** portlandrecovery.org

**Contact Information:**

Matt Brown, Volunteer Coordinator  
info@portlandrecovery.org  
207-553-2575



Portland Recovery  
Community Center

**Organization Name:** YMCA of Southern Maine

**Organization Description:** The YMCA is a non-governmental federation of youth organizations, with each independent local YMCA affiliated with its national organization.

**Opportunity Type:** Volunteers for the Peaks to Portland Swim. Activities include checking-in participants, kayak partners for swimmers, and event logistics.

**Website:** ymcaofsouthernmaine.org/swim

**Contact Information:**

Sarah Leighton,  
sleighton@ymcaofsouthernmaine.org  
207-874-1114

**Organization Name:**

Penquis Retired Senior Volunteers Program

**Organization Description:** Penquis RSVP focuses on lowering food insecurity by supporting food pantries and fresh food distribution in Knox, Waldo and Lincoln Counties.

**Opportunity Type:** Volunteer opportunities exist in a variety of roles either in the organization or at existing programs and special events.

**Website:**

maineservicecommission.gov/national-service/retired-senior-volunteer-program/penquis-rsvp/

**Contact Information:** Lorain Francis,  
lfrancis@penquis.org, Program Director, Penquis Community Action Program, 262 Harlow Street, Bangor, ME 04401



Healthy Acadia

*Building strong communities in Hancock and Washington counties*

**Organization Name:** Healthy Acadia

**Organization Description:** Healthy Acadia is in Washington and Hancock counties and has six areas of focus: Strong Beginnings; Healthy Food for All; Active and Healthy Environments; Healthy Aging; Substance Prevention and Recovery; and Health Promotion & Management.

**Opportunity Type:** Many opportunities exist for volunteers to contribute, from participating in current initiatives, to sharing your own expertise and ideas, and to supporting communications work. Volunteer applications are online via a form.

**Website:** healthyacadia.org/be\_a\_part/

**Contact Information:**

140 State Street  
Suite 1  
Ellsworth, Maine 04605  
207 667-7171  
info@healthyacadia.org





**Organization Name:** Sweetser

**Organization Description:** Sweetser is a non-profit community mental health provider with services for adults, children and families.

**Opportunity Type:** Staff Assistant, Tutor, Activity Leader, driver, work in the Development Office, at the annual auction, golf tournament, or training staff

**Website:**  
[sweetser.org/support-us/volunteer-at-sweetser](http://sweetser.org/support-us/volunteer-at-sweetser)

**Contact Information:** [volunteer@sweetser.org](mailto:volunteer@sweetser.org)

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**Organization Name:** Girls on the Run Maine

**Organization Description:** Girls on the Run Maine is a nonprofit organization in Westbrook that inspires girls to recognize their inner strengths through a 10-week program.

**Opportunity Type:** Volunteer opportunities exist as coaches or race coordinators. There are also one-day opportunities, and ways for groups to participate if you are part of an organization that volunteers.

**Website:**  
[girlsontherunmaine.org/Volunteer#show-corporate-ops](http://girlsontherunmaine.org/Volunteer#show-corporate-ops)

**Contact Information:** Emily Clark, Exec. Director,  
[emily.clark@girlsontherun.org](mailto:emily.clark@girlsontherun.org) or  
[gotrmaine@gmail.com](mailto:gotrmaine@gmail.com), 207-747-5677



**Organization Name:** CA\$H Maine

**Organization Description:** CA\$H Maine is a statewide collaboration of ten coalitions, comprised of 50 non- and for-profit partners, working together to help empower Maine individuals and families to achieve long-term financial stability. They offer financial guidance and free tax preparation support for qualified persons.

**Opportunity Type:** Volunteers help CA\$H Maine provide free tax preparation and help direct people to local programs and services that can help them make the most of their money.

**Website:** [cashmaine.org/volunteer/](http://cashmaine.org/volunteer/)

**Contact Information:**  
Janet Smith  
[janet.smith@maine.edu](mailto:janet.smith@maine.edu)  
207 - 778-2757



**Organization Name:** Bath Area Family YMCA

**Organization Description:** The YMCA is a non-governmental federation of youth organizations, with each independent local YMCA affiliated with its national organization.

**Opportunity Type:** Volunteer opportunities exist for many aspects of the organization and include coaching, program development, child care, maintenance, and event support.

**Website:** [bathymca.org](http://bathymca.org)

**Contact Information:** Jody Savage,  
[jody@bathymca.org](mailto:jody@bathymca.org), 207-443-4112 ext. 37



Organization Name: WinterKids

Organization Description: WinterKids is the only nonprofit in Maine dedicated exclusively to increasing outdoor physical activity in children and families during our longest, most sedentary season.

Opportunity Type: Volunteer for winter events/activities, assist with developing partnerships, donors, work at the winter games events, contribute to educational programming and advocacy

Website: [winterkids.org](http://winterkids.org)

Contact Information: Heather Swain, Volunteer Coordinator, 207-871-5700 x106

The logo for WinterKids is written in a blue, stylized serif font. The word "Winter" is in a larger, more ornate script, while "Kids" is in a simpler, slightly smaller font. Small snowflake icons are placed above the 'i' in "Winter" and the 'i' in "Kids".

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# ENVIRONMENTAL MANAGEMENT & STEWARDSHIP





**Organization Name:** Morris Farm Trust

**Organization Description:** Founded in 1995, the Morris Farm was created in an effort to preserve and operate one of the last remaining farms in Wiscasset. It is both a working farm and an educational resource for the communities of midcoast Maine.

**Opportunity Type:** Volunteers perform a number of functions for the Farm Trust, including staffing the farm store, writing press releases and working with social media, helping with food security programs, coordinating other volunteer programs, and more.

**Website:** [morrisfarm.org/volunteer-your-time](http://morrisfarm.org/volunteer-your-time)

**Contact Information:**  
[info@morrisfarm.org](mailto:info@morrisfarm.org); (207) 882-4080



The Morris Farm

Agriculture · Education · Community

**Organization Name:** Gulf of Maine Research Institute

**Organization Description:** The Gulf of Maine Research Institute pioneers collaborative solutions to global ocean challenges. Located in Portland, ME, GMRI is dedicated to the resilience of the Gulf of Maine ecosystem and the communities that depend on it.

**Opportunity Type:** Currently the Gulf of Maine Research Institute does not have an ongoing volunteer program, however a volunteer section is established on their website and may be updated according to organization needs.

**Website:**  
[gmri.org/about-us/join-our-team/volunteering](http://gmri.org/about-us/join-our-team/volunteering)

**Contact Info:**  
(207) 772-2321  
[info@gmri.org](mailto:info@gmri.org)



Gulf of Maine  
Research Institute

Science. Education. Community.

**Organization Name:** Friends of Deering Oaks

**Organization Description:** The Friends of Deering Oaks is a non-profit citizen organization committed to preserving, protecting and enhancing the physical condition of Portland's historic Deering Oaks Park and promoting its use by residents and visitors.

**Opportunity Type:** Friends of Deering Oaks park in Portland needs interested and committed Board members to advance the 1994 Deering Oaks Master Plan of park improvement

**Website:** [deeringoaks.org](http://deeringoaks.org)

**Contact Information:** Anne Pringle,  
[oldmayor@maine.rr.com](mailto:oldmayor@maine.rr.com)



**Organization Name:** Maine Conservation Corps

**Organization Description:** Established in 1983, the Maine Conservation Corps is an AmeriCorps Program made up of dedicated members, staff, partners, and volunteers serving the community and environment of Maine.

**Opportunity Type:** Volunteering provides community service opportunities and training with day or overnight programs for trail construction & maintenance, watershed surveys, invasive species removal, and many other conservation efforts.

**Website:**  
[maine.gov/dacf/parks/get\\_involved/conservation\\_corps/volunteer\\_opportunities\\_events.shtml](http://maine.gov/dacf/parks/get_involved/conservation_corps/volunteer_opportunities_events.shtml)

**Contact Information:**  
Chantelle Hay  
207-624-6089

[Corps.Outreach@maine.gov](mailto:Corps.Outreach@maine.gov)  
124 State House Station  
Mailing Address:  
Augusta, ME 04333  
Physical Address:  
54 Independence Dr.  
Augusta, ME 04330





**Organization Name:**

Presumpscot Regional Land Trust

**Organization Description:** Presumpscot Regional Land Trust is a community based nonprofit primarily serving Gorham, Gray, Standish, Westbrook, and Windham. They hold 1,650 acres of conserved lands with 15 free public access preserves that include trails and water access. The Land Trust is the water steward of the Presumpscot River watershed and they coordinate the Sebago to the Sea Trail, a 28-mile trail from Standish to Portland.

**Opportunity Type:** There are a number of volunteer opportunities with the Land Trust, including: Water Stewards and Fish Count Volunteers; Trail Work Volunteers; Preserve Stewards; Wildlife Stewards; Outreach Volunteers; Office Volunteers; Photographers / Videographers; Committees

**Website:**

[prlt.org/get-involved](http://prlt.org/get-involved)

**Contact Information:**

207-839-4633

[info@prlt.org](mailto:info@prlt.org)

 **Citizens' Climate Lobby**

**Organization Name:** Citizens' Climate Lobby

**Organization Description:** Citizens' Climate Lobby is a non-profit, nonpartisan, grassroots advocacy organization focused on national policies to address climate change. A number of chapters of this national organization exist in Maine, including the Portland, Brunswick, Belfast, Bangor, and Dover-Foxcroft chapters. Several more chapter locations are in development, focused on congressional districts.

**Opportunity Type:** Most chapters of this national organization are volunteer-based.

**Website:** [citizensclimatelobby.org](http://citizensclimatelobby.org)

**Contact Information:** Email can be found at :  
[citizensclimatelobby.org/about-ccl/chapters/](http://citizensclimatelobby.org/about-ccl/chapters/)



# EDUCATIONAL PREPAREDNESS, CONTINUING EDUCATION, & PROFESSIONAL DEVELOPMENT





**Organization Name:** PSL Services / STRIVE

**Organization Description:** PSL Services / STRIVE is a nonprofit organization that assists people with emotional and intellectual disabilities to live with dignity and respect as active members of their communities.

**Opportunity Type:** Volunteers are needed at STRIVE Night to help in the snack bar, check-in members, assist as DJ, play games, set-up and take down on theme nights, and be a positive role model.

**Website:** [pslstrive.org/volunteer](http://pslstrive.org/volunteer)

**Contact Information:**

Program Manager:  
Whitney Wildes  
207-774-6278  
[wwildes@pslstrive.org](mailto:wwildes@pslstrive.org)



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**Organization Name:** Junior Achievement of Maine

**Organization Description:** Junior Achievement is a national organization with a presence in all of Maine and a headquarters in Portland. They are dedicated to giving young people the knowledge and skills they need to own their economic success, plan for their futures, and make smart academic and economic choices. They achieve this through programs in work readiness, entrepreneurship, and financial literacy.

**Opportunity Type:** Junior Achievement needs volunteers in classrooms in the Portland and Bangor Areas, York and Aroostook counties, and in central Maine.

**Website:**

[juniorachievement.org/web/ja-maine/classroom-openings](http://juniorachievement.org/web/ja-maine/classroom-openings)

**Contact Information:** Jill Jamison, Director of Operations, [jjamison@jamaine.org](mailto:jjamison@jamaine.org), (207) 347-4333



**Organization Name:** Old Town Orono YMCA

**Organization Description:** The YMCA is a non-governmental federation of youth organizations, with each independent local YMCA affiliated with its national organization.

**Opportunity Type:** Among a number of programs supported by the Old Town Orono YMCA, the RiverRunners program focuses on aiding young people in their post-secondary education aspirations.

**Website:** [otoymca.org/ymca](http://otoymca.org/ymca)

**Contact Information:** Jessica Dumon,  
[jessica.dumont@otoymca.org](mailto:jessica.dumont@otoymca.org), 1-(207)-827-9622



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**Organization Name:** Apex Youth Connection

**Organization Description:** Formerly the Community Bicycle Center, the Apex Youth Connection offers youth biking and adventure programs. They offer free excursions and hands-on experiences for youth from 3rd to 12th grade, connecting them with mentors, their community and the great outdoors.

**Opportunity Type:** Volunteering and mentoring youth, assisting with events and administrative needs.

**Website:** [apexyouthconnection.org](http://apexyouthconnection.org)

**Contact Information:** Rebecca Cote,  
207-282-9700, [t2c@apexyouthconnection.org](mailto:t2c@apexyouthconnection.org), PO Box 783, 45 Granite Street, Biddeford, ME, 04005





**Organization Name:** The Robotics Institute of Maine

**Organization Description:** The Robotics Institute of Maine (RIM) is a non-profit organization dedicated to providing opportunities to middle and high school students to explore robotics in a competitive, yet supportive environment. We work with both the FIRST® Robotics Competition (FRC) and VEX Robotics Competition (VRC) to ensure that every student in every corner of Maine has the opportunity to participate, learn, and grow.

**Opportunity Type:** Every year, RIM works directly with thousands of students, as well as hundreds of teachers, mentors, and volunteers to expose students from all across the state to a hands-on STEM education.

**Website:** robotsinme.org

**Contact Information:**

Don Kennel  
207-747-4406

info@robotsinme.org

**ROBOTICS**

INSTITUTE OF MAINE

**Organization Name:** LearningWorks

**Organization Description:** LearningWorks reimagines learning through innovative programs that help children, adults, and families realize their potential and build thriving communities.

**Opportunity Type:** LearningWorks has multiple programs that need volunteers, including an afterschool STEM program for low income elementary students, an AmeriCorps program, an alternative high school, and English classes for adult new Mainers.

**Website:** learningworks.me

**Contact Information:** Heather Davis, Executive Director, hdavis@learningworks.me

  
LEARNINGWORKS



**Organization Name:** Journey Program at EdGE (Maine Seacoast Mission)

**Organization Description:** The Journey Program at EdGE is located in Cherryfield, and is a mentoring program focused on raising post-secondary aspirations of young people in rural Maine. Each year, seventh grade students are selected from several area schools to form a fifteen student "cohort." The cohort participants are mentored until they graduate high school.

**Opportunity Type:** EdGE volunteers deliver food, wrap presents, organize the archives, enter data, and more.

**Website:**

seacoastmission.org/what-we-do/edge/edge-journey/

**Contact Information:** Anna Silver,  
asilver@seacoastmission.org, 207.288.5097



**Organization Name:** I Know ME (via The Game Loft)

**Organization Description:** I Know ME is a mentoring program focused on raising post-secondary aspirations of young people in rural Maine

**Opportunity Type:** Volunteers regularly help in the kitchen, deliver a prepared meal, help kids and parents check-in in the lobby, or run games.

**Website:** thegameloft.org/volunteer/

**Contact Information:** Ray Estabrook,  
r.estabrook@thegameloft.org



**Organization Name:** Chewonki Foundation

**Organization Description:** The Chewonki Waypoint Program provides participants from the Bath region with opportunities for outdoor learning, mentorship, civic responsibility, an expanding worldview, and focused preparation for life after high school.

**Opportunity Type:** Volunteers may be able to steward young people by providing mentorship, training, and place-based outdoor challenges as a catalyst for self-discovery, aspiration, and leadership development.

**Website:** [waypoint.chewonki.org/](http://waypoint.chewonki.org/)

**Contact Information:**

Austin Muir, 207-882-7323 x176,  
[amuir@chewonki.org](mailto:amuir@chewonki.org)  
485 Chewonki Neck Road  
Wiscasset, ME 04578



**CHEWONKI**

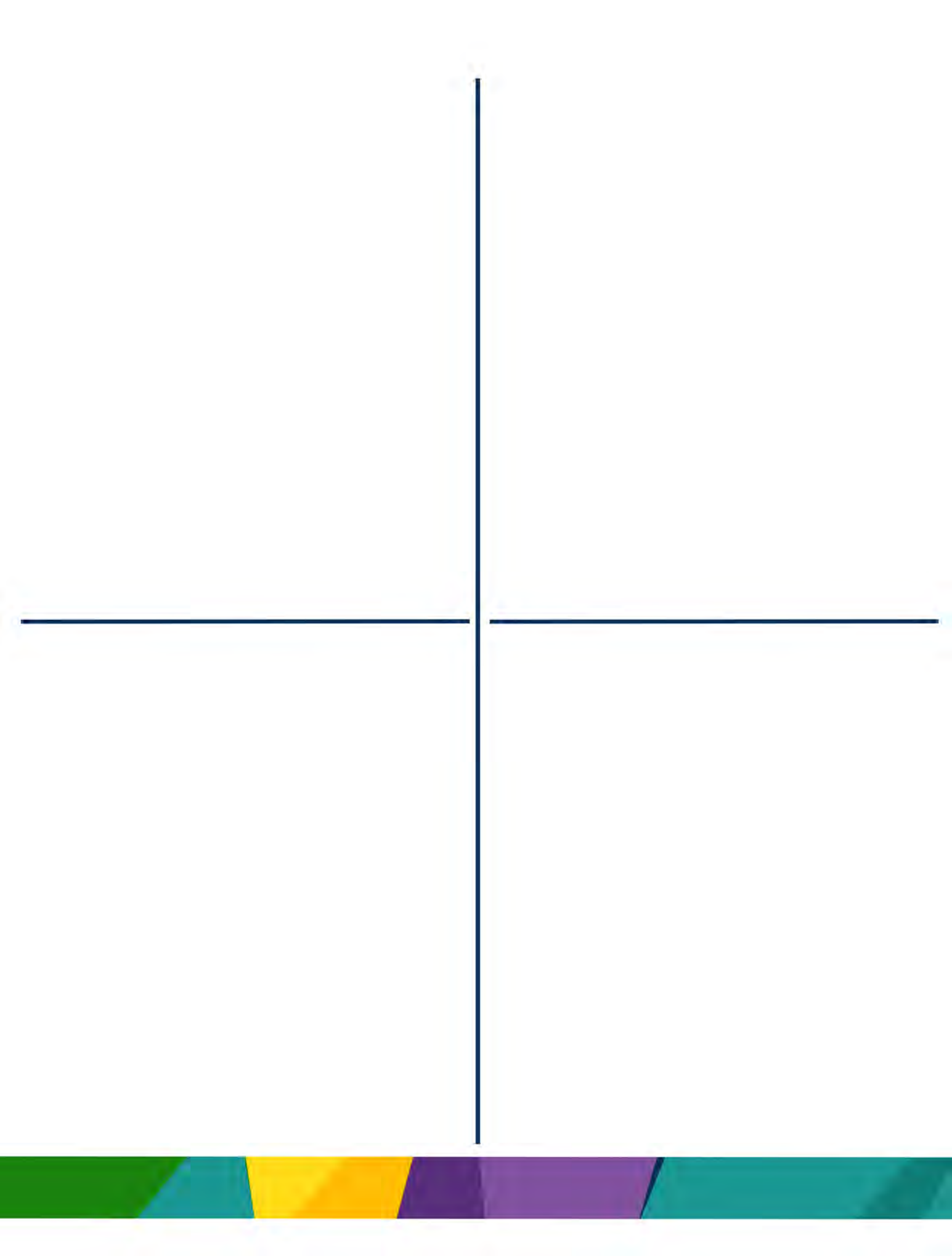




# MISCELLANEOUS











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