Keeping Mount Desert Island Safe
Let’s all do our part

Residents & Community
Adhere to state and local orders for public safety, welcome guests as we always do, positively promote safe behavior by example

Business Owners
Follow Best Practice guidelines from the Bar Harbor Chamber and State of Maine, encourage customers to exhibit safe behavior, be proactive and adjust procedures as needed

Guest & Visitors
Follow our Visitor Code of Conduct, adhere to safety requests from local businesses, practice patience

Best Practices

HAND WASHING / SANITIZING
Practice proper hygiene such as washing hands often with soap and water for at least 20 seconds and using hand sanitizer

PHYSICAL DISTANCING
Avoid large gatherings and maintain 6 feet between other people. Some people without symptoms may still be able to spread the virus

FACEMASKS AND COVERINGS
Everyone should wear a face covering when in public spaces and when physical distancing is difficult to maintain

VisitBarHarbor.com/safebarharbor
How are you feeling today?

**IF you are experiencing:**
- Measured temperature of 100.4°F
- New cough
- Shortness of breath
- Difficulty breathing

**OR at least two of the following:**
- Feeling feverish
- Chills
- Repeated shaking with chills
- Muscle pain not explained by injury
- Headache
- Sore Throat
- New loss of taste or smell
- Nausea or diarrhea

Call MDI Hospital's Coronavirus Call Center
207-801-5900
for evaluation and potential COVID-19 testing.

Please visit us when you are well!

My Mask Protects You.❤️ Your Mask Protects Me.

The businesses and nonprofit organizations of the Mount Desert Island region are committed to maintaining the safety of our community.

#masklikealocal  #lovmdi  #maskmdi

Thank you for visiting!
VISITOR CODE OF CONDUCT

Thank you for choosing to visit Bar Harbor! We are very lucky to have such a wonderful resource such as Acadia National Park at our doorstep! We would like to remind you of the expectations we have for you as our guest. As recommended by the Center for Disease Control and Prevention we ask that you agree to the following:

BEFORE YOU LEAVE FOR BAR HARBOR

- If you, or anyone traveling with you, have any of the COVID-19 symptoms please reschedule your visit. All Chamber Member lodging establishments will gladly adjust your reservation so you may visit when healthy.

- If you, or anyone traveling with you, have been in contact with anyone who has tested positive for COVID-19 in the last 14 days please reschedule your visit until at least 14 days has passed.

- If the CDC, or any other division of federal or state government, issues any travel advisory that clearly prohibits your trip to Bar Harbor, please reschedule your visit.

WHEN YOU ARRIVE IN BAR HARBOR

- Wash your hands often with soap and water for at least 20 seconds especially after you have been in a public place, or after blowing your nose, coughing, or sneezing.

- If soap and water are not readily available, use a hand sanitizer that contains at least 60% alcohol. Cover all surfaces of your hands and rub them together until they feel dry.

- Avoid touching your eyes, nose, and mouth with unwashed hands.

- Avoid close contact with people who are sick.

- Put distance (at least 6 feet) between yourself and other people.

- Wear a cloth face mask in public settings where other social distancing measures are difficult to maintain.

- If you are not wearing a mask, cover your mouth and nose with a tissue when you cough or sneeze or use the inside of your elbow. Immediately wash your hands with soap and water for at least 20 seconds. If soap and water are not readily available, clean your hands with a hand sanitizer that contains at least 60% alcohol.

- Throw used tissues in the trash.

In addition there may still be in place some national, State, or local requirements regarding restaurants and public gatherings. Please visit the Chamber website for the latest information: VISITBARHARBOR.COM
I got you covered

I protect you. You protect me.

Covering your face is now required to prevent the spread of COVID-19.

This business is required to refuse service to anyone who does not comply.

City & County of San Francisco
Department of Public Health
sf.gov/coronavirus
Everyone must wear a face covering...

Covering your face is now mandatory and helps prevent the spread of COVID-19.

Masks, bandanas, scarves, and cloth can be used.

...and stay 6 feet apart

Businesses are required to refuse service to anyone who does not comply.

Department of Public Health
sf.gov/coronavirus
**Masks & Face Coverings**

**DON'T:**
- Leave your nose uncovered
- Leave your chin uncovered
- Leave excess room around your nose, chin or cheeks
- Remove your mask to talk or "store" it under your chin
- Modify your mask or use masks with any openings

**DO:**
1. Extend the bottom of the mask under your chin
2. Make sure the top of the mask sits on the bridge of your nose
3. Ensure there are no gaps along your cheeks
Please Come In!

Our Operations:

1.

2.

3.

We are a Main Street Community! Learn more about downtown Bath at:

www.VisitBath.com
## COVID-19: REDUCE YOUR RISK

The more low-risk choices you make, the more protection you have from getting or spreading COVID-19.

**Safest**  |  **Riskiest**
---|---
**Face Covering**  
Everyone is wearing a mask or face covering  
Most wearing masks  
Some wearing masks  
None wearing masks  
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**Social Distance**  
Not engaging in any activity in person; virtual only  
Staying 6 feet or more from others  
Staying under 6 feet from others  
Standing face to face, hugging, shaking hands  
---
**Droplet Spread**  
Breathing normally  
Speaking or breathing heavily  
Shouting, yelling or singing  
Coughing or sneezing  
---
**Location**  
Outdoors in an open space  
Staying under a shelter (gazebo, covered porch) outdoors  
Large, indoor rooms with good air flow  
Small, indoor rooms with poor air flow  
---
**Food**  
Only bringing and touching your own food  
Serving pre-portioned food, using good hand hygiene  
Family style, but using your own serving utensils  
Sharing plates, utensils, and cups  
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**Groups**  
Only household members  
Small groups (two households, under 10 people)  
Large groups over 10 people  
Large gatherings with people from different geographic areas  

### Examples

**Safest**
- Staying home with only people you live with

**Safer, Some Risk**
- Small outdoor gathering, keeping at least 6 feet apart

**Riskiest**
- Singing with a large choir in a small room

### Always Remember

- Washing hands well and often reduces risk in all situations. If you don’t have soap and water, use a hand sanitizer that contains at least 60% alcohol.
- Stay home if you’re feeling any mild symptoms, except to get medical care.
Please Help Us STAY wellsworth

I HAVE a MASK I CAN...

☐ Enter this business
☐ Browse and get service in person
☐ Order items online
☐ Pay online or by phone
☐ Pick up curbside orders
☐ Appointment only, call: _________

I HAVE NO MASK I CAN...

☐ Order items online
☐ Pay online or by phone
☐ Pick up curbside orders
☐ Get a mask
☐ for free ☐ for purchase
☐ Appointment only, call: _________

Questions? Please contact us.

#staywellsworth

The City of Ellsworth, our businesses, and non-profits are committed to maintaining the safety of our community.

THANK YOU FOR VISITING!
Please Help Us STAY wellsworth

#staywellsworth

COVID-19 PREVENTION

To review the COVID-19 Prevention Checklists:

There is a general checklist, as well as a sector-specific one.

www.maine.gov/decid/covid-19-prevention-checklists

For you, our loyal customers:

- We are following Maine CDC approved COVID-19 Prevention Checklists.
- We have redesigned your visit to maintain physical distancing and minimize touch points.
- We are here to ensure your safety and accommodate your needs.

You can help us, too:

- If you have COVID-19 symptoms or have been exposed, please visit us when you are well.
- Please respect our guidelines and those of local businesses and public spaces.
- Be safe, be kind, and enjoy your visit to Ellsworth!

The City of Ellsworth, our businesses, and non-profits are committed to maintaining the safety of our community.

THANK YOU FOR VISITING!